

St Helens – Guard Critique Rotation Times and Notes

Guard critique is four minute per station with time allowed for rotating. There are three stations: Movement/Equipment, General Effect, Design Analysis.

7:30 – Glencoe JV, Sherwood, North Thurston

7:45 – Glencoe Varsity, Southridge Youth, Corvallis

8:00 – Aloha, West Salem Cadet, McMinnville

8:15 – Hilhi, Century JV, Liberty

8:30 – St Helens, West Salem, Century Varsity

8:45 - Southridge

Teams can trade spots or even choose not to attend, however the judges will be released at 9:00.